Condover Church of England Primary School

Love Each Other and Know We Are Loved



St Edward's Church of England Primary School

Love Each Other and Know We Are Loved





PE Endpoints 2023 - 24

End of EYFS

ELG:

- Take turns.
- Learn to share equipment with others.
- Share their ideas with others.
- Try again if they do not succeed.
- Practise skills independently.
- Confident to try new tasks and challenges.
- Begin to identify personal success.
- Choose own movements and actions in response to simple tasks e.g. choosing to travel by skipping.
- Begin to provide simple feedback saying what they liked or thought was good about someone else's performance.

End of KS1

- Perform dances using simple movement patterns.
- Master basic movements including running, jumping and throwing.
- Develop balance, agility and co-ordination, and begin to apply these in a range of activities.
- Master basic movements including throwing and catching.
- Participate in team games, developing simple tactics for attacking and defending.
- Master basic movements as well as developing balance, agility and co-ordination.
- Encourage others to keep trying.
- Explore skills independently before asking for help

End of KS₂

- Perform dances using a range of movement patterns.
- Use running, jumping and throwing in isolation and in combination.
- Develop flexibility, strength, technique, control and balance.
- Use running, jumping, throwing and catching in isolation and in combination.
- Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance.
- Take part in outdoor and adventurous activity challenges both individually and within a team.

Children will leave year 6 as sports people who:

- Share ideas with others and work together to decide on the best approach to a task.
- Lead others and show consideration of including all within a group.
- Communicate with others clearly and effectively.
- Understand what maximum effort looks and feels like and show determination to achieve it.
- Use different strategies to persevere to achieve personal best.
- Compete within the rules showing fair play and honesty when playing independently.
- Confident to attempt tasks and challenges outside of their comfort zone.
- Reflect and evaluate their performances both as a group and as an individual and suggest areas for improvement.
- Recognise and explain their thought process when playing games or completing tasks. E.g I moved here because my teammate was over there.
- Identify their own and others' strengths and areas for development providing sensitive feedback and can suggest ways to improve.
- Select and apply appropriate skills for the situation when under pressure.